You are invited to the complimentary November 2026 Fort Worth HR Compensation & Benefits PEG virtual meeting!

To enjoy this timely "Road Ready Your Health Plan For 2027 With A Health Plan Wellness Checkup" presentation participate in the complimentary virtual November Fort Worth HR Compensation & Benefits Meeting

Wednesday, November 4, 2026

12:00 PM CST- 12:10 PM CST: Networking

12:11 -1 PM CST: Presentation

via Zoom at https://fwhr.org/event-6833160 Meeting ID: 896 5958 5581 Passcode: 835760

Soaring health plan costs, No Surprises Act, transparency, and other emerging regulatory, litigation, and enforcement responsibilities and risks; changes in the health care, vendor, and reinsurance marketplace and the business environment; and other developments make health plan sponsorship and administration risky business for health plan sponsors and fiduciaries. Savvy health plan sponsors and fiduciaries help defend themselves and their health plan against these cost and liabilities by conducting a year-end health plan wellness checkup.

What You Will Learn

- ✓ No Surprises Act, transparency, and other key regulatory, litigation, and enforcement developments impacting health plan costs and risks and actions employers and fiduciaries should take to manage resulting responsibilities, costs and liabilities.
- ✓ Options for mitigating the effects of health care, vendor, and reinsurance marketplace changes driving your health plan costs and liabilities.
- ✓ Compliance and other potential risks arising from reference based pricing, narrow network, PBM, and other popular health plan design strategies.
- ✓ Tips for evaluating and mitigating your health plan's exposure to costs and liabilities from mishandled participant, out-of-network, in-network and stop-loss claims.
- ✓ Fiduciary and vendor credentialing, appointment, bonding, compensation, and other compliance and governance practices to maintain compliance and mitigate risks.
- ✓ Health plan contracting, documentation, and communication strategies to minimize risks and costs.
- ✓ No Surprises Act, ACA, ERISA, MHPAEA, prompt pay, and other claims and appeals compliance and risk management strategies.
- ✓ Key plan design and documentation, vendor selection and contracting, NSA and other out-of-network claims handling, compliance audit, plan year-end stop loss and other reinsurance, and other best practices for managing plan, plan sponsor, and plan fiduciary out-of-network claims costs and liabilities.
- ✓ Best practice options for managing fiduciary and employer liability, and mitigating other plan and employer losses if your plan or its vendor mishandled NSA or other out-of-network claims.
- ✓ Coordinating workforce and health plan eligibility administration and risk management to manage risks.
- ✓ Other best practices for winding up your 2026 health plan year and setting up your 2027 health plan for success.

Hosted by the Fort Worth HR Compensation and Benefits PEG as part of its monthly meetings, this FREE session is open to all and approval is being requested for 1 hour of HRCI credit for use in support of your SHRM or HRCI recertification application sponsored by Solutions Law Press. Membership in Fort Worth HR or its Compensation and Benefits PEG is not required to participate.

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The Presenters

Cynthia Marcotte Stamer is an American College of Employee Benefits Counsel Fellow & TBLS board-certified labor and employment attorney, nationally recognized as a "Top Rated Lawyer," "LEGAL LEADER™," and "Best Lawyer" in Employee Benefits, Labor & Employment, and Health Care law for her more than 30 years of work, advocacy, scholarship and leadership on employer-sponsored health and other employee benefits, workforce, health care, insurance, and HRIS/IT design, compliance, operations, legislative and regulatory reform, and other related concerns.

Nationally celebrated for her decades of leading-edge health benefit work and advocacy, "Cindy" advises employers, health and other employee benefit plans, their fiduciaries, insurers, third-party administrators, managed care organizations, health/HR technology, their investors and vendors, federal and state legislators and regulators, and others about health and other plan design, vendor selection and contracting, claims and appeals administration, fiduciary responsibility and governance, regulatory compliance and enforcement, participant education and management, and other compliance, risk management and operations concerns.

A former lead advisor to the Government of Bolivia on its Social Security Pension Privatization, Cindy also regularly interacts with federal and state legislators and regulators on health, severance, pension, and other employee benefits, compensation, workforce, disability, health care, and other legislation, regulation, and enforcement. Cindy also is a popular speaker and prolific author on emerging health and other benefits, compensation, employment, and other workforce, health care, insurance, and other compliance, risk management, and operations strategies and concerns, with a lengthy resume of leadership and other service in the American Bar Association, the Society of Human Resources Management, the Texas Association of Business, and many other professional, civic, and other organizations. Cindy is the founder and managing member of her law firm, Cynthia Marcotte Stamer P.C., and its education and advocacy affiliate, Solutions Law Press, an HRCI-accredited reeducation provider. Before founding her firm, Cindy practiced as a partner or shareholder in the employee benefits, labor and employment, and health care practices of several large national and multinational law firms. Connect with Cindy on LinkedIn at https://www.linkedin.com/in/cynthiastamer/ to learn more.

William W Patterson is a long-standing healthcare and employee benefits consultant and broker with more than three decades of assisting employers with fully insured and self-funded plan strategies,

"Bill" provides knowledge, experience, and solutions to plan sponsors searching for the most effective traditional and nontraditional strategies to provide healthcare plans to their employee base.

Bill has previously served as a membership chairman of Mid Cities HR Association for 5 years, and a leadership position with the Texas State Council.

Connect with Bill on LinkedIn at https ://www.linkedin.com/in/william-patterson-11a8998/ to learn more.

Get Involved With Fort Worth HR!

Founded in 1966, Fort Worth HR is a nonprofit, SHRM-affiliated organization serving HR professionals, veterans, and students in the Fort Worth metroplex. With more than 600 human resources professional members from 480 countries, Fort Worth HR hosts monthly luncheons, two annual conferences, workshops, networking events, online forums and other activities. To learn more about Fort Worth HR and membership, sponsorship and other involvement opportunities, see fwhr.org.

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